

hand with absolutely no twisting, cracking or popping being introduced to the



body. Patients feel a slight tickle at the top of their neck just behind the ear. Post x-rays are then taken to ensure accuracy of the correction and a fifteen-minute rest allows the spine to stabilize in its new position. The correction and post x-rays are done on the first visit. The goal of his office is to keep patients from coming in for dozens of unnecessary appointments by getting the patient corrected with as few return visits as possible.

This process aligns the head, spinal column, and pelvis to the vertical axis providing relief to the delicate tissues surrounding the brain and spinal cord, which allows the body to recover and heal itself from the inside out.

Less than one percent of Chiropractic Doctors worldwide practice this highly scientific, specialized technique, which means that many patients that are pursuing their healing breakthrough have to travel long distances to get the care that they need. The life-changing benefits of this procedure have proven immeasurable for many patients. Seek out the nearest NUCCA doctor in your surrounding area. For more information, please feel free to contact Louisiana Spinal Care to schedule a "no charge" consultation at (985) 542-1770 or toll free at (866) 577-9631. You'll be glad you did!

**CARTER** CONTINUED FROM PAGE 31

and champagne (and a lot more laughter) awaited us back at the villa. A late night turned into a lazy morning where, one by one, we made our way to the nearby pool where we lolled around (as Divas are known to do) for several hours just enjoying the tranquility and beauty at Carter Plantation.



So the next time you're thinking of getting away without going very far, try Carter Plantation. It will suit you to a tee. *T*



*Serving all of  
Southeast Louisiana*

**Specializing in  
Metal Roofing  
and Metal Buildings**

**225-567-1944**



**Quality  
Products  
for  
Quality  
Projects**

**Residential • Commercial  
Sales and Installation**

- A Maintenance and Worry Free Roof System
- 1 Year Workmanship Warranty
- Custom Manufacturing
- Variety of Colors to choose from

**We also manufacture Kajun Krimp &  
Cypress Hump Panels and metal buildings.**

**Call today for a FREE Estimate!**  
**19466 Florida Blvd., Albany, LA**





